

# 2016 毅騰陸上兩項鐵人挑戰賽

## 2016 Titan Duathlon Challenge

(15 May 2016 Sunday)

### 小鐵人 Super Kids

| Category       | Category Pos | Name                  | Chinese Name | Bib  | Official Time | Run 1    | T1       | Bike     | T2       | Run 2    |
|----------------|--------------|-----------------------|--------------|------|---------------|----------|----------|----------|----------|----------|
| Male Age 6-7   | 1            | KWONG TSZ CHUN        |              | 5004 | 00:17:05      | 00:02:37 | 00:01:07 | 00:07:54 | 00:00:52 | 00:04:33 |
| Male Age 6-7   | 2            | FARMER JACK           |              | 5002 | 00:20:59      | 00:02:59 | 00:01:12 | 00:09:24 | 00:01:04 | 00:06:17 |
| Male Age 6-7   | 3            | LAU KING YAN REX      | 劉璟妍          | 5008 | 00:21:31      | 00:02:42 | 00:01:15 | 00:09:39 | 00:01:35 | 00:06:17 |
| Male Age 6-7   | 4            | LAM YIN FUNG          | 林彥鋒          | 5010 | 00:22:23      | 00:02:58 | 00:01:17 | 00:10:32 | 00:01:23 | 00:06:11 |
| Male Age 6-7   | 5            | WONG HO CHUNG MARCUS  |              | 5001 | 00:23:13      | 00:03:16 | 00:01:32 | 00:09:52 | 00:01:25 | 00:07:07 |
| Male Age 6-7   | 6            | YIM PAK HAY HAYDEN    | 嚴柏僖          | 5016 | 00:24:06      | 00:03:23 | 00:01:53 | 00:11:16 | 00:01:16 | 00:06:16 |
| Male Age 6-7   | 7            | KWOK KING HEI RYAN    |              | 5005 | 00:25:22      | 00:02:41 | 00:02:20 | 00:11:35 | 00:01:57 | 00:06:46 |
| Male Age 6-7   | 8            | CHAN WANG ON          | 陳泓安          | 5006 | 00:27:12      | 00:03:57 | 00:01:49 | 00:11:16 | 00:01:49 | 00:08:20 |
| Male Age 6-7   | 9            | TANG TSZ HEI          | 鄧子希          | 5013 | 00:28:53      | 00:03:12 | 00:01:37 | 00:15:13 | 00:01:55 | 00:06:54 |
| Male Age 6-7   | 10           | CHUN YAN NATHAN WONG  |              | 5014 | 00:29:17      | 00:03:16 | 00:01:59 | 00:14:57 | 00:01:46 | 00:07:16 |
| Male Age 6-7   | 11           | HONG HAOCHENG OLSON   |              | 5019 | 00:35:28      | 00:03:45 | 00:01:54 | 00:13:20 | 00:01:22 | 00:15:04 |
| Male Age 6-7   | DQ           | TAI CHAK MARC         |              | 5017 | 00:21:37      | 00:03:05 | 00:02:07 | 00:13:16 |          |          |
| Male Age 6-7   | DQ           | CHAN ISAAC            | 陳卓謙          | 5018 | 00:21:03      | 00:03:03 | 00:01:41 | 00:11:37 | 00:01:19 | 00:03:21 |
| Male Age 6-7   | DQ           | MAK CHING HIN         | 麥程軒          | 5015 | 00:23:52      | 00:03:23 | 00:01:46 | 00:16:15 |          |          |
| Male Age 6-7   | DQ           | YU CURTIS             | 余杰           | 5011 | 00:21:43      | 00:03:24 | 00:02:06 | 00:13:39 | 00:01:48 | 00:00:44 |
| Male Age 6-7   | DQ           | KONG CHI YUNG         | 江志勇          | 5012 | 00:15:26      | 00:02:45 | 00:01:14 | 00:09:33 | 00:01:17 | 00:00:35 |
| Male Age 6-7   | DQ           | COURRET MAXIME        |              | 5007 | 00:15:12      | 00:02:46 | 00:01:13 | 00:09:53 | 00:00:54 | 00:00:25 |
| Male Age 6-7   | DQ           | CHAN CHUN WING KYLE   | 陳雋穎          | 5009 | 00:15:33      | 00:03:00 | 00:01:34 | 00:09:06 |          |          |
| Male Age 6-7   | DQ           | MAN YU                | 文譽           | 5003 | 00:14:26      | 00:03:05 | 00:01:14 | 00:08:20 | 00:01:11 | 00:00:35 |
| Female Age 6-7 | 1            | LAW CHING KIU         | 羅靖喬          | 6001 | 00:19:44      | 00:02:55 | 00:01:32 | 00:08:15 | 00:01:17 | 00:05:44 |
| Female Age 6-7 | 2            | YIN ALICE AU YEUNG    |              | 6005 | 00:22:23      | 00:02:54 | 00:01:36 | 00:10:21 | 00:01:17 | 00:06:15 |
| Female Age 6-7 | 3            | HO SUM YI             |              | 6008 | 00:28:59      | 00:03:34 | 00:01:55 | 00:12:33 | 00:02:19 | 00:08:36 |
| Female Age 6-7 | 4            | SHEK JOCELYN          |              | 6007 | 00:30:00      | 00:02:58 | 00:01:47 | 00:13:26 | 00:02:03 | 00:09:46 |
| Female Age 6-7 | 5            | FELBABEL CHARLINE     |              | 6002 | 00:30:52      | 00:02:56 | 00:01:37 | 00:13:37 | 00:02:00 | 00:10:41 |
| Female Age 6-7 | 6            | CHENG HOI TUNG        |              | 6049 | 00:54:08      | 00:03:52 | 00:02:12 | 00:32:19 | 00:03:22 | 00:12:22 |
| Female Age 6-7 | DQ           | CHUNG HOI CHING       | 鍾凱晴          | 6050 | 00:17:10      | 00:02:54 | 00:01:30 | 00:10:45 | 00:01:21 | 00:00:37 |
| Female Age 6-7 | DQ           | TSANG HAYLEY          | 曾熹兒          | 6003 | 00:17:38      | 00:02:42 | 00:01:23 | 00:11:44 | 00:01:14 | 00:00:33 |
| Female Age 6-7 | DQ           | HO WING CHI EMILY     | 何穎芝          | 6004 | 00:20:30      | 00:03:48 | 00:01:54 | 00:11:39 | 00:02:29 | 00:00:38 |
| Female Age 6-7 | DQ           | LIU CHEUK YING NICOLE | 廖卓盈          | 6006 | 00:18:48      | 00:02:59 | 00:01:36 | 00:11:35 | 00:01:56 | 00:00:40 |
| Male Age 8-9   | 1            | YIM PAK YU JASPER     | 嚴柏宇          | 5039 | 00:15:49      | 00:02:17 | 00:01:08 | 00:06:35 | 00:00:47 | 00:04:59 |
| Male Age 8-9   | 2            | KAN WAI CHUN          | 簡煒晉          | 5024 | 00:15:50      | 00:03:02 | 00:01:17 | 00:06:13 | 00:00:54 | 00:04:22 |
| Male Age 8-9   | 3            | LAI PAK LONG          | 黎栢朗          | 5021 | 00:15:52      | 00:02:18 | 00:01:05 | 00:07:11 | 00:00:54 | 00:04:22 |
| Male Age 8-9   | 4            | LAM YIN LOK           | 林言烙          | 5031 | 00:16:14      | 00:02:18 | 00:01:04 | 00:07:15 | 00:00:50 | 00:04:45 |
| Male Age 8-9   | 5            | AUSCAR TSANG          | 曾竟瑋          | 5033 | 00:16:17      | 00:02:38 | 00:01:03 | 00:06:36 | 00:01:02 | 00:04:55 |
| Male Age 8-9   | 6            | LO TIN MONG           | 盧天望          | 5032 | 00:17:03      | 00:02:26 | 00:01:18 | 00:06:59 | 00:01:07 | 00:05:11 |
| Male Age 8-9   | 7            | MOK PAK FAN           |              | 5020 | 00:17:25      | 00:02:25 | 00:01:00 | 00:07:53 | 00:01:15 | 00:04:50 |
| Male Age 8-9   | 8            | LEE CHEUK HEI         | 李卓義          | 5051 | 00:17:25      | 00:02:40 | 00:01:16 | 00:07:41 | 00:00:55 | 00:04:51 |
| Male Age 8-9   | 9            | CHEUNG HOK HIM        | 張學謙          | 5049 | 00:17:28      | 00:02:29 | 00:01:17 | 00:07:38 | 00:01:01 | 00:05:02 |
| Male Age 8-9   | 10           | CHAN TSZ MING         | 陳子銘          | 5044 | 00:17:43      | 00:02:26 | 00:01:28 | 00:07:23 | 00:01:09 | 00:05:16 |
| Male Age 8-9   | 11           | TANG HO LEONG ISSAC   | 鄧皓諒          | 5022 | 00:18:09      | 00:02:37 | 00:01:14 | 00:08:08 | 00:01:01 | 00:05:06 |
| Male Age 8-9   | 12           | YU MARCUS             | 余昊           | 5029 | 00:18:35      | 00:03:00 | 00:01:19 | 00:07:36 | 00:01:15 | 00:05:24 |
| Male Age 8-9   | 13           | HO TSZ HO             | 何梓灝          | 5055 | 00:18:50      | 00:02:33 | 00:01:20 | 00:08:56 | 00:01:18 | 00:04:41 |
| Male Age 8-9   | 14           | LAW CHEUK HEI         | 羅卓曦          | 5046 | 00:18:54      | 00:02:42 | 00:01:15 | 00:07:58 | 00:01:10 | 00:05:47 |
| Male Age 8-9   | 15           | NGAI KIN CHUNG        | 倪健聰          | 5030 | 00:19:40      | 00:02:44 | 00:01:21 | 00:07:12 | 00:01:28 | 00:06:53 |
| Male Age 8-9   | 16           | CHIU CALEB            | 趙衍嘉          | 5028 | 00:19:55      | 00:02:41 | 00:01:22 | 00:08:27 | 00:01:12 | 00:06:10 |
| Male Age 8-9   | 17           | NG WELKIN             |              | 5034 | 00:20:00      | 00:02:43 | 00:01:19 | 00:08:53 | 00:01:21 | 00:05:42 |
| Male Age 8-9   | 18           | LAW CHI YIN           | 羅智賢          | 5025 | 00:20:07      | 00:02:31 | 00:01:05 | 00:10:14 | 00:01:17 | 00:04:58 |
| Male Age 8-9   | 19           | KWOK KIN TING FRANCIS | 郭建霆          | 5054 | 00:20:16      | 00:02:30 | 00:01:16 | 00:08:57 | 00:01:04 | 00:06:27 |
| Male Age 8-9   | 20           | TRISTAN JAN VERKADE   |              | 5037 | 00:21:33      | 00:02:52 | 00:01:23 | 00:09:50 | 00:01:25 | 00:06:01 |
| Male Age 8-9   | 21           | CHOY YIU TING         | 蔡耀霆          | 5050 | 00:21:59      | 00:03:08 | 00:01:31 | 00:08:23 | 00:01:44 | 00:07:11 |
| Male Age 8-9   | 22           | CHOW CHEUK KI         | 周卓祈          | 5048 | 00:22:02      | 00:03:26 | 00:01:37 | 00:09:31 | 00:01:15 | 00:06:11 |
| Male Age 8-9   | 23           | CHU CHI TIK           | 朱之迪          | 5053 | 00:22:26      | 00:02:52 | 00:01:30 | 00:08:29 | 00:01:17 | 00:08:17 |
| Male Age 8-9   | 24           | TANG TSZ HIM          | 鄧子謙          | 5036 | 00:25:25      | 00:02:58 | 00:01:49 | 00:11:05 | 00:01:57 | 00:07:34 |
| Male Age 8-9   | 25           | HO HIN TO             |              | 5115 | 00:25:29      | 00:02:56 | 00:01:34 | 00:12:33 | 00:01:42 | 00:06:41 |

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(15 May 2016 Sunday)

### 小鐵人 Super Kids

| Category       | Category Pos | Name                  | Chinese Name | Bib  | Official Time | Run 1    | T1       | Bike     | T2       | Run 2    |
|----------------|--------------|-----------------------|--------------|------|---------------|----------|----------|----------|----------|----------|
| Male Age 8-9   | 26           | TANG GABRIEL NOAH     | 鄧諾祈          | 5116 | 00:28:37      | 00:02:25 | 00:01:54 | 00:14:36 | 00:01:05 | 00:08:35 |
| Male Age 8-9   | 27           | FUNG MARCUS           |              | 5023 | 00:28:40      | 00:03:15 | 00:02:21 | 00:10:17 | 00:01:44 | 00:11:00 |
| Male Age 8-9   | 28           | MAN JASON             |              | 5040 | 00:30:40      | 00:03:53 | 00:01:54 | 00:12:36 | 00:01:13 | 00:11:02 |
| Male Age 8-9   | 29           | SO WAI HO             | 蘇煒皓          | 5117 | 00:31:49      | 00:02:58 | 00:01:10 | 00:09:24 | 00:01:28 | 00:16:47 |
| Male Age 8-9   | 30           | MAN NATHAN            |              | 5041 | 00:32:09      | 00:03:51 | 00:01:37 | 00:13:04 | 00:02:35 | 00:11:01 |
| Male Age 8-9   | DQ           | TAI CHUN MAX          |              | 5042 | 00:16:16      | 00:03:08 | 00:01:25 | 00:09:01 |          |          |
| Male Age 8-9   | DQ           | LIU CHEUK YIN HUGO    | 廖卓賢          | 5043 | 00:14:50      | 00:03:08 | 00:01:19 | 00:08:13 | 00:01:18 | 00:00:50 |
| Male Age 8-9   | DQ           | LAI PAK YU            | 賴柏宇          | 5047 | 00:15:21      | 00:03:23 | 00:01:31 | 00:08:20 | 00:01:35 | 00:00:29 |
| Male Age 8-9   | DQ           | CHAN TSZ SIU          | 陳子肇          | 5045 | 00:15:33      | 00:02:55 | 00:01:38 | 00:08:36 | 00:01:46 | 00:00:36 |
| Male Age 8-9   | DQ           | LEUNG CHEUK FUNG      | 梁焯峰          | 5052 | 00:17:03      | 00:02:45 | 00:01:25 | 00:10:46 | 00:01:27 | 00:00:38 |
| Male Age 8-9   | DQ           | YUEN LUCAS            | 袁瑋杭          | 5026 | 00:15:31      | 00:02:54 | 00:01:29 | 00:09:16 | 00:01:18 | 00:00:32 |
| Male Age 8-9   | DNF          | YUEN TIN LAP          | 袁天立          | 5027 |               | 00:18:03 |          |          |          |          |
| Male Age 8-9   | DQ           | MA HING LAI MARCHY    | 馬興禮          | 5038 | 00:23:20      | 00:02:51 | 00:01:37 | 00:14:51 | 00:01:01 | 00:02:57 |
| Male Age 8-9   | DQ           | TANG PAK HO PACO      |              | 6051 | 00:15:15      | 00:02:45 | 00:01:13 | 00:09:29 | 00:01:16 | 00:00:30 |
| Male Age 8-9   | DQ           | THOMAS FUNG           |              | 6052 | 00:15:14      | 00:02:25 | 00:01:20 | 00:10:01 | 00:00:57 | 00:00:29 |
| Female Age 8-9 | 1            | NG MUI YAN JESSICA    |              | 6014 | 00:17:38      | 00:02:32 | 00:01:06 | 00:08:07 | 00:01:05 | 00:04:47 |
| Female Age 8-9 | 2            | ESPEKOG ANELOTTE      |              | 6019 | 00:17:41      | 00:02:29 | 00:01:12 | 00:08:09 | 00:01:05 | 00:04:45 |
| Female Age 8-9 | 3            | MAY BAXER             |              | 6048 | 00:18:34      | 00:02:31 | 00:01:06 | 00:08:47 | 00:01:11 | 00:04:58 |
| Female Age 8-9 | 4            | SHIN ALICIA AU YEUNG  |              | 6013 | 00:18:57      | 00:02:32 | 00:01:07 | 00:08:39 | 00:01:16 | 00:05:20 |
| Female Age 8-9 | 5            | YIU YIU               | 饒曉           | 6011 | 00:19:20      | 00:02:43 | 00:01:13 | 00:08:42 | 00:00:51 | 00:05:49 |
| Female Age 8-9 | 6            | PAK YING YIP          |              | 6018 | 00:19:38      | 00:02:25 | 00:01:19 | 00:09:20 | 00:00:46 | 00:05:46 |
| Female Age 8-9 | 7            | CHEUNG HUI YI         | 張煦怡          | 6021 | 00:19:40      | 00:02:54 | 00:01:26 | 00:08:17 | 00:01:10 | 00:05:51 |
| Female Age 8-9 | 8            | WONG TSZ YIN ASHLEY   | 王紫嫣          | 6010 | 00:19:51      | 00:02:51 | 00:01:16 | 00:08:19 | 00:01:08 | 00:06:16 |
| Female Age 8-9 | 9            | KAN HOI CHUN          |              | 6009 | 00:20:42      | 00:02:51 | 00:01:15 | 00:09:26 | 00:01:15 | 00:05:53 |
| Female Age 8-9 | 10           | TANG TSZ KIU          | 鄧芷喬          | 6015 | 00:20:46      | 00:02:37 | 00:01:23 | 00:09:39 | 00:01:22 | 00:05:43 |
| Female Age 8-9 | 11           | ALLERGA GIULIA VIDALI |              | 6012 | 00:21:31      | 00:02:32 | 00:01:36 | 00:08:36 | 00:01:15 | 00:07:31 |
| Female Age 8-9 | 12           | EVELYN BOWEN          |              | 6017 | 00:21:51      | 00:02:31 | 00:01:12 | 00:11:43 | 00:01:20 | 00:05:02 |
| Female Age 8-9 | 13           | LAM HO YAU            | 林可遊          | 6022 | 00:23:51      | 00:02:55 | 00:01:42 | 00:10:53 | 00:01:50 | 00:06:29 |
| Female Age 8-9 | 14           | CHEUNG MING SUM       | 張銘芯          | 6020 | 00:31:08      | 00:03:05 | 00:01:54 | 00:14:09 | 00:02:10 | 00:09:48 |
| Female Age 8-9 | DQ           | CHUNG YEE LAM VALERIE |              | 6016 | 00:18:39      | 00:03:52 | 00:01:52 | 00:10:21 | 00:01:51 | 00:00:41 |
| Male Age 10-11 | 1            | TO HON MING           | 杜瀚名          | 5060 | 00:13:37      | 00:01:59 | 00:00:55 | 00:05:52 | 00:00:52 | 00:03:57 |
| Male Age 10-11 | 2            | YIP TSZ HIN           | 葉子軒          | 5061 | 00:13:53      | 00:01:59 | 00:00:49 | 00:06:02 | 00:00:54 | 00:04:07 |
| Male Age 10-11 | 3            | SHIU DEWEY            |              | 5081 | 00:14:00      | 00:02:05 | 00:00:54 | 00:05:44 | 00:00:55 | 00:04:20 |
| Male Age 10-11 | 4            | LEUNG YUK FUNG        | 梁旭豐          | 5111 | 00:14:21      | 00:02:05 | 00:00:55 | 00:06:25 | 00:00:49 | 00:04:05 |
| Male Age 10-11 | 5            | VOLAVKA CHARLIE BEAR  |              | 5074 | 00:14:50      | 00:02:12 | 00:00:59 | 00:06:22 | 00:00:55 | 00:04:20 |
| Male Age 10-11 | 6            | LIU KING TIN          | 廖敬天          | 5072 | 00:14:54      | 00:01:57 | 00:00:59 | 00:06:27 | 00:00:57 | 00:04:32 |
| Male Age 10-11 | 7            | CHIU MAN TO           | 趙文韜          | 5070 | 00:15:19      | 00:02:22 | 00:01:00 | 00:06:40 | 00:00:52 | 00:04:24 |
| Male Age 10-11 | 8            | MAK HO YUEN           | 麥浩元          | 5056 | 00:15:23      | 00:02:24 | 00:00:55 | 00:06:45 | 00:00:51 | 00:04:26 |
| Male Age 10-11 | 9            | WONG TSUN HEI         |              | 5062 | 00:15:25      | 00:02:17 | 00:01:01 | 00:06:45 | 00:01:00 | 00:04:20 |
| Male Age 10-11 | 10           | FUNG KING POK         | 馮經博          | 5064 | 00:15:26      | 00:02:15 | 00:00:55 | 00:06:53 | 00:00:56 | 00:04:25 |
| Male Age 10-11 | 11           | YAU PING CHEUNG       | 游秉璋          | 5057 | 00:15:43      | 00:02:20 | 00:01:04 | 00:06:32 | 00:00:58 | 00:04:46 |
| Male Age 10-11 | 12           | WAN CHAK LAM BOBBY    | 溫澤林          | 5109 | 00:16:10      | 00:02:21 | 00:01:01 | 00:06:40 | 00:01:03 | 00:05:03 |
| Male Age 10-11 | 13           | WAN CHUN              | 尹俊           | 5068 | 00:16:10      | 00:02:17 | 00:01:09 | 00:06:35 | 00:01:05 | 00:05:01 |
| Male Age 10-11 | 14           | FU PAK HIM            | 傅柏謙          | 5066 | 00:16:24      | 00:02:38 | 00:01:06 | 00:06:15 | 00:01:04 | 00:05:19 |
| Male Age 10-11 | 15           | KENAN LITTLE          |              | 5076 | 00:16:27      | 00:02:13 | 00:01:00 | 00:07:16 | 00:01:03 | 00:04:52 |
| Male Age 10-11 | 16           | CHAU HUI YAT          | 鄒翔逸          | 5083 | 00:16:29      | 00:02:30 | 00:01:02 | 00:06:56 | 00:01:05 | 00:04:54 |
| Male Age 10-11 | 17           | CHAN YUI FUNG         | 陳睿澤          | 5080 | 00:16:29      | 00:02:19 | 00:00:57 | 00:07:41 | 00:00:57 | 00:04:34 |
| Male Age 10-11 | 18           | KONG TSZ CHUN         | 江祉進          | 5065 | 00:16:38      | 00:02:37 | 00:01:17 | 00:06:54 | 00:01:06 | 00:04:42 |
| Male Age 10-11 | 19           | CHEUNG SHI HO         | 張仕浩          | 5113 | 00:17:23      | 00:02:25 | 00:00:54 | 00:07:19 | 00:01:03 | 00:05:39 |
| Male Age 10-11 | 20           | NGAI HEUNG WING       | 魏向嶸          | 5078 | 00:17:34      | 00:02:34 | 00:01:16 | 00:07:30 | 00:01:10 | 00:05:01 |
| Male Age 10-11 | 21           | SEAN BAXTER           |              | 5075 | 00:17:42      | 00:02:28 | 00:01:09 | 00:08:10 | 00:01:03 | 00:04:49 |
| Male Age 10-11 | 22           | LEE TIN NAM           | 李天藍          | 5112 | 00:18:03      | 00:02:45 | 00:01:21 | 00:07:12 | 00:01:18 | 00:05:24 |
| Male Age 10-11 | 23           | LAM HO LONG           |              | 5059 | 00:18:04      | 00:02:37 | 00:01:06 | 00:06:44 | 00:01:07 | 00:06:27 |
| Male Age 10-11 | 24           | VIDALI UMBERTO        |              | 5071 | 00:18:34      | 00:02:41 | 00:01:03 | 00:08:08 | 00:01:14 | 00:05:27 |

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|------------------|--------------|-------------------------|--------------|------|---------------|----------|----------|----------|----------|----------|
| Male Age 10-11   | 25           | HUI KING YIU            | 許景堯          | 5079 | 00:18:52      | 00:03:00 | 00:01:12 | 00:07:28 | 00:01:14 | 00:05:56 |
| Male Age 10-11   | 26           | YU TSUN HEI RYAN        | 余浚曦          | 5067 | 00:19:13      | 00:02:30 | 00:01:15 | 00:07:34 | 00:01:13 | 00:06:39 |
| Male Age 10-11   | 27           | YUEN TIN LONG           | 袁天朗          | 5063 | 00:19:57      | 00:02:55 | 00:01:25 | 00:08:17 | 00:01:28 | 00:05:49 |
| Male Age 10-11   | 28           | CHUNG PO TING ANDY      |              | 5073 | 00:20:45      | 00:03:15 | 00:01:23 | 00:08:18 | 00:01:13 | 00:06:34 |
| Male Age 10-11   | 29           | LAI KA SIU              | 賴珈兆          | 5114 | 00:21:27      | 00:02:46 | 00:01:18 | 00:08:29 | 00:01:32 | 00:07:21 |
| Male Age 10-11   | 30           | TONG YUYANG             |              | 5082 | 00:21:29      | 00:02:29 | 00:01:06 | 00:10:37 | 00:01:04 | 00:06:11 |
| Male Age 10-11   | 31           | HO CHUN YIU             |              | 5110 | 00:23:10      | 00:02:28 | 00:01:28 | 00:09:38 | 00:01:47 | 00:07:47 |
| Male Age 10-11   | 32           | AU YEUNG TIN PAK        | 歐陽天柏         | 5069 | 00:23:25      | 00:03:26 | 00:01:25 | 00:09:53 | 00:01:37 | 00:07:03 |
| Male Age 10-11   | DQ           | LO YAT HUNG             |              | 5108 | 00:12:37      | 00:02:26 | 00:01:22 | 00:06:52 | 00:01:31 | 00:00:24 |
| Female Age 10-11 | 1            | CHICK CHLOE             | 植韻暉          | 6028 | 00:14:20      | 00:02:00 | 00:00:56 | 00:06:28 | 00:00:49 | 00:04:04 |
| Female Age 10-11 | 2            | LEE SAM WAI             | 李琛蔚          | 6033 | 00:15:16      | 00:02:04 | 00:01:04 | 00:07:01 | 00:00:48 | 00:04:17 |
| Female Age 10-11 | 3            | COURRET PAULINE         |              | 6024 | 00:16:06      | 00:02:08 | 00:00:52 | 00:08:08 | 00:00:50 | 00:04:06 |
| Female Age 10-11 | 4            | LEUNG YAN TING QUADA    | 梁甄庭          | 6025 | 00:16:20      | 00:02:10 | 00:00:58 | 00:07:26 | 00:00:59 | 00:04:45 |
| Female Age 10-11 | 5            | CHIU AMBER              | 趙啟安          | 6026 | 00:18:05      | 00:02:15 | 00:01:05 | 00:07:45 | 00:01:20 | 00:05:38 |
| Female Age 10-11 | 6            | CHEN ROSANNA            | 陳穎怡          | 6032 | 00:19:37      | 00:02:40 | 00:01:08 | 00:08:51 | 00:01:03 | 00:05:53 |
| Female Age 10-11 | 7            | LAI TSZ YAU LIZ         |              | 6036 | 00:20:42      | 00:02:50 | 00:01:18 | 00:08:04 | 00:00:57 | 00:07:30 |
| Female Age 10-11 | 8            | JASMINE LITTLE          |              | 6031 | 00:21:21      | 00:02:43 | 00:01:21 | 00:08:38 | 00:01:15 | 00:07:22 |
| Female Age 10-11 | 9            | WAI YAN AIDEEN CHEUNG   |              | 6027 | 00:21:41      | 00:02:36 | 00:01:43 | 00:09:31 | 00:01:20 | 00:06:28 |
| Female Age 10-11 | 10           | CHOW CHEUK LING         | 周卓羚          | 6034 | 00:22:04      | 00:02:56 | 00:01:30 | 00:09:09 | 00:01:31 | 00:06:57 |
| Female Age 10-11 | 11           | CALISTA JAN VERKADE     |              | 6030 | 00:22:51      | 00:02:42 | 00:01:07 | 00:11:02 | 00:01:18 | 00:06:41 |
| Female Age 10-11 | 12           | CECILY BOWEN            |              | 6029 | 00:25:17      | 00:03:06 | 00:01:27 | 00:12:06 | 00:01:26 | 00:07:10 |
| Female Age 10-11 | 13           | MICHELLE RYAN GAMEZ     |              | 6047 | 00:32:11      | 00:03:26 | 00:01:33 | 00:16:14 | 00:02:18 | 00:08:38 |
| Female Age 10-11 | DQ           | YAU SIN CHING           | 邱善晴          | 6023 | 00:17:35      | 00:02:41 | 00:01:10 | 00:11:54 |          |          |
| Female Age 10-11 | DQ           | CHEUNG CHING YAU        | 張靜悠          | 6035 | 00:18:39      | 00:02:52 | 00:01:43 | 00:11:52 | 00:01:36 | 00:00:34 |
| Male Age 12-13   | 1            | YIP TAK LONG NICK       | 葉德朗          | 5086 | 00:12:28      | 00:01:47 | 00:00:37 | 00:05:45 | 00:00:41 | 00:03:37 |
| Male Age 12-13   | 2            | LEUNG WAI HANG WYAT     | 梁緯亨          | 5091 | 00:13:30      | 00:01:53 | 00:00:54 | 00:05:58 | 00:00:49 | 00:03:54 |
| Male Age 12-13   | 3            | HO CHUNG HIN VALEN      | 何宗憲          | 5088 | 00:13:55      | 00:02:04 | 00:00:56 | 00:05:47 | 00:00:50 | 00:04:16 |
| Male Age 12-13   | 4            | LAU PAK MUK             | 劉柏睦          | 5102 | 00:14:15      | 00:01:53 | 00:00:49 | 00:06:02 | 00:00:52 | 00:04:37 |
| Male Age 12-13   | 5            | HO WAN KIU EDDIE        | 何允翹          | 5099 | 00:14:29      | 00:02:05 | 00:00:58 | 00:06:20 | 00:00:50 | 00:04:14 |
| Male Age 12-13   | 6            | LO TIN SHUN             | 盧天信          | 5090 | 00:15:00      | 00:02:07 | 00:00:54 | 00:06:33 | 00:00:54 | 00:04:30 |
| Male Age 12-13   | 7            | FUNG CHEE HONG BRIAN    | 馮梓匡          | 5092 | 00:15:07      | 00:01:58 | 00:00:59 | 00:05:50 | 00:01:05 | 00:05:14 |
| Male Age 12-13   | 8            | CHENG LONG CHING        | 鄭朗程          | 5101 | 00:15:12      | 00:02:14 | 00:01:04 | 00:06:25 | 00:00:57 | 00:04:29 |
| Male Age 12-13   | 9            | CHAU HUI LAP            | 鄒栩立          | 5105 | 00:15:45      | 00:02:42 | 00:01:00 | 00:06:18 | 00:00:58 | 00:04:45 |
| Male Age 12-13   | 10           | LAM CHIN HIN            | 林展軒          | 5084 | 00:15:47      | 00:02:09 | 00:00:52 | 00:06:24 | 00:00:52 | 00:05:29 |
| Male Age 12-13   | 11           | TANG YAT HEI            | 鄧溢熙          | 5089 | 00:16:10      | 00:02:34 | 00:00:43 | 00:06:57 | 00:00:59 | 00:04:54 |
| Male Age 12-13   | 12           | MAK PAK LUEN            | 麥伯聯          | 5085 | 00:16:52      | 00:02:29 | 00:00:47 | 00:07:26 | 00:00:57 | 00:05:13 |
| Male Age 12-13   | 13           | KONG CHAK PAN           | 江澤斌          | 5093 | 00:17:14      | 00:02:14 | 00:01:02 | 00:08:44 | 00:00:55 | 00:04:17 |
| Male Age 12-13   | 14           | CHAN KIN WAI            | 陳健尉          | 5094 | 00:17:39      | 00:02:36 | 00:00:59 | 00:07:57 | 00:01:05 | 00:05:00 |
| Male Age 12-13   | 15           | WAI KIN SUPER JOHN WONG |              | 5100 | 00:18:05      | 00:02:31 | 00:01:11 | 00:08:15 | 00:01:19 | 00:04:46 |
| Male Age 12-13   | 16           | LAI CHONG YU            | 賴昶諭          | 5097 | 00:18:30      | 00:02:45 | 00:01:12 | 00:07:37 | 00:01:07 | 00:05:47 |
| Male Age 12-13   | 17           | TAM CHUEN CHAU          | 譚川舟          | 5103 | 00:18:40      | 00:02:23 | 00:01:17 | 00:08:05 | 00:00:57 | 00:05:56 |
| Male Age 12-13   | 18           | LEUNG ALVIN             | 梁雅賢          | 5107 | 00:18:53      | 00:02:48 | 00:01:13 | 00:07:34 | 00:01:26 | 00:05:50 |
| Male Age 12-13   | 19           | TANG HONG CHING         |              | 5096 | 00:19:05      | 00:02:39 | 00:01:12 | 00:07:25 | 00:01:25 | 00:06:23 |
| Male Age 12-13   | 20           | YIK CHEUK HIM           | 易卓謙          | 5095 | 00:20:49      | 00:02:33 | 00:01:05 | 00:09:18 | 00:01:16 | 00:06:34 |
| Male Age 12-13   | 21           | CHAN SUM YIN            | 陳森然          | 5106 | 00:23:35      | 00:03:09 | 00:01:53 | 00:09:07 | 00:01:45 | 00:07:39 |
| Male Age 12-13   | DQ           | CHOW YAT LONG           |              | 5104 | 00:11:05      | 00:02:13 | 00:01:05 | 00:06:19 | 00:01:00 | 00:00:26 |
| Female Age 12-13 | 1            | LAI LOK YEE             | 黎樂兒          | 6042 | 00:14:34      | 00:02:00 | 00:01:04 | 00:06:24 | 00:00:46 | 00:04:17 |
| Female Age 12-13 | 2            | WONG HANG WING BEATRIZ  |              | 6037 | 00:14:34      | 00:02:04 | 00:01:00 | 00:06:20 | 00:00:53 | 00:04:15 |
| Female Age 12-13 | 3            | KWONG TSZ WING          |              | 6038 | 00:14:38      | 00:02:11 | 00:01:00 | 00:06:14 | 00:00:52 | 00:04:19 |
| Female Age 12-13 | 4            | YIU NAM                 | 饒楠           | 6041 | 00:14:46      | 00:02:07 | 00:00:54 | 00:06:30 | 00:00:50 | 00:04:23 |
| Female Age 12-13 | 5            | MAN WING                | 文穎           | 6039 | 00:14:46      | 00:02:01 | 00:00:55 | 00:06:34 | 00:00:49 | 00:04:25 |
| Female Age 12-13 | 6            | SHUM CHING YU           | 沈澄茹          | 6045 | 00:15:25      | 00:02:00 | 00:01:03 | 00:06:17 | 00:00:56 | 00:05:06 |
| Female Age 12-13 | 7            | KONG TSZ CHING          | 江梓澄          | 6040 | 00:15:42      | 00:02:14 | 00:01:01 | 00:06:53 | 00:00:53 | 00:04:39 |
| Female Age 12-13 | 8            | CHAN HIU LAAM           | 陳曉嵐          | 6044 | 00:15:59      | 00:02:12 | 00:01:00 | 00:06:08 | 00:00:57 | 00:05:41 |

2016 毅騰陸上兩項鐵人挑戰賽  
2016 Titan Duathlon Challenge  
(15 May 2016 Sunday)

小鐵人 Super Kids

| Category         | Category Pos | Name         | Chinese Name | Bib  | Official Time | Run 1    | T1       | Bike     | T2       | Run 2    |
|------------------|--------------|--------------|--------------|------|---------------|----------|----------|----------|----------|----------|
| Female Age 12-13 | 9            | CHEUNG RENEE | 張芷蓀          | 6046 | 00:22:00      | 00:02:42 | 00:01:19 | 00:09:48 | 00:01:08 | 00:07:01 |
| Female Age 12-13 | 10           | KAN TING CHI | 簡延芝          | 6043 | 00:22:51      | 00:02:29 | 00:01:44 | 00:10:31 | 00:01:30 | 00:06:34 |