

2016 毅騰陸上兩項鐵人挑戰賽

2016 Titan Duathlon Challenge

(15 May 2016 Sunday)

繽紛組 Fun

Category	Category Pos	Name	Chinese Name	Bib	Official Time	Run 1	T1	Cycle	T2	Run 2
Male Junior (Age 14-15)	1	LAW WAI HEI DENNIS	羅暉瑋	7012	00:27:46	00:03:54	00:00:54	00:15:45	00:00:37	00:06:35
Male Junior (Age 14-15)	2	LEUNG LOK WUN WALTER	梁洛垣	7003	00:27:54	00:04:13	00:00:49	00:15:37	00:00:39	00:06:34
Male Junior (Age 14-15)	3	NG SHEUNG MAN	吳尚汶	7011	00:28:20	00:04:14	00:00:53	00:15:26	00:00:39	00:07:06
Male Junior (Age 14-15)	4	LAI NOK HIN	黎諾軒	7005	00:29:06	00:04:07	00:00:45	00:16:08	00:00:45	00:07:19
Male Junior (Age 14-15)	5	LING KWAN KIT	凌鈞傑	7017	00:29:32	00:04:37	00:01:25	00:14:35	00:01:01	00:07:52
Male Junior (Age 14-15)	6	SHUM KIN HANG	沈鍵衡	7015	00:30:31	00:04:00	00:00:48	00:15:41	00:00:45	00:09:14
Male Junior (Age 14-15)	7	CHAN HO YAN	陳浩恩	7008	00:30:33	00:04:15	00:01:09	00:17:25	00:00:48	00:06:55
Male Junior (Age 14-15)	8	YAU CHEUK FUNG	邱卓鋒	7010	00:31:38	00:04:49	00:01:00	00:17:15	00:00:48	00:07:44
Male Junior (Age 14-15)	9	WONG HEI NOK	王希諾	7007	00:31:48	00:04:30	00:01:00	00:17:09	00:00:39	00:08:27
Male Junior (Age 14-15)	10	NG HO NAM ANSON	吳浩嵐	7001	00:32:13	00:04:16	00:00:56	00:17:37	00:00:35	00:08:46
Male Junior (Age 14-15)	11	CHENG CYRIL	鄭宇軒	7013	00:32:44	00:04:32	00:01:34	00:14:39	00:01:27	00:10:31
Male Junior (Age 14-15)	12	CHAN LOK HEI	陳樂熹	7014	00:32:47	00:04:39	00:00:47	00:18:29	00:01:14	00:07:37
Male Junior (Age 14-15)	13	SO LINUS LONG YIN		7004	00:34:57	00:05:03	00:01:17	00:17:55	00:01:27	00:09:13
Male Junior (Age 14-15)	14	ZHI JIAN MARCO WU		7006	00:35:37	00:05:01	00:01:00	00:17:13	00:01:35	00:10:47
Male Junior (Age 14-15)	15	CHEUNG CHING YAT	張正逸	7016	00:45:30	00:04:53	00:01:10	00:21:34	00:02:06	00:15:45
Male Junior (Age 14-15)	16	CHIU LOK HEI	趙樂熙	7083	00:45:58	00:06:02	00:01:25	00:19:58	00:02:00	00:16:32
Male Junior (Age 14-15)	DQ	LAI LOK HEI	黎珞希	7009	00:25:24	00:04:45	00:01:38	00:16:40	00:01:35	00:00:45
Female Junior (Age 14-15)	1	LAU JI CHING VENIS	劉芷晴	8043	00:30:23	00:04:15	00:00:55	00:17:13	00:00:47	00:07:10
Female Junior (Age 14-15)	2	HUI YAT NGA	許逸雅	8046	00:31:04	00:04:35	00:01:09	00:16:41	00:00:50	00:07:48
Female Junior (Age 14-15)	3	LIU SIN HANG ALISON	廖善恆	8045	00:35:14	00:04:55	00:00:56	00:19:14	00:00:55	00:09:12
Female Junior (Age 14-15)	4	FUNG WAI CHI CHRISTY	馮煒芝	8044	00:37:25	00:05:42	00:01:16	00:18:53	00:01:18	00:10:14
Female Junior (Age 14-15)	DQ	TIA LITTLE		8089	00:31:59	00:05:12	00:01:06	00:24:06	00:01:03	00:00:31
Male RB Open (Age 16-34)	1	LO MAN HUI		7027	00:25:59	00:03:48	00:00:59	00:14:25	00:00:27	00:06:19
Male RB Open (Age 16-34)	2	NGAI LEE CHIU		7031	00:27:13	00:04:10	00:01:01	00:14:26	00:01:05	00:06:30
Male RB Open (Age 16-34)	3	CHING HO KWONG	程浩光	7019	00:29:43	00:04:04	00:01:08	00:15:26	00:01:36	00:07:28
Male RB Open (Age 16-34)	4	HO CHUN HO	何振豪	7081	00:29:43	00:03:47	00:00:51	00:18:02	00:00:33	00:06:27
Male RB Open (Age 16-34)	5	WONG YAT LONG	王逸朗	7080	00:30:56	00:03:58	00:01:05	00:15:32	00:00:58	00:09:21
Male RB Open (Age 16-34)	6	LUN TSZ YIN	倫梓賢	7028	00:31:11	00:04:06	00:01:08	00:15:39	00:01:38	00:08:38
Male RB Open (Age 16-34)	7	MA KA LEUNG	馬嘉樑	7021	00:31:51	00:04:38	00:01:44	00:15:17	00:01:31	00:08:38
Male RB Open (Age 16-34)	8	CHING CHAK YAN	程澤恩	7079	00:34:21	00:04:37	00:01:32	00:16:35	00:02:41	00:08:54
Male RB Open (Age 16-34)	9	LEE SIU YIN	李肇諺	7018	00:34:40	00:04:22	00:01:19	00:19:10	00:01:13	00:08:34
Male RB Open (Age 16-34)	10	CHEUNG CHEUK NAM		7023	00:34:45	00:04:20	00:01:03	00:19:14	00:01:05	00:09:02
Male RB Open (Age 16-34)	11	WONG TUNG WA	黃東華	7030	00:35:29	00:04:39	00:01:29	00:19:24	00:01:56	00:07:58
Male RB Open (Age 16-34)	12	CHEUNG WANG KO	張宏皋	7084	00:35:40	00:04:10	00:01:09	00:17:41	00:02:45	00:09:53
Male RB Open (Age 16-34)	13	CHOI CHUN YIN		7078	00:35:40	00:04:07	00:01:21	00:17:20	00:01:45	00:11:06
Male RB Open (Age 16-34)	14	LAU CHUNG CHING	劉忠政	7033	00:36:18	00:05:02	00:01:17	00:19:07	00:01:28	00:09:22
Male RB Open (Age 16-34)	15	WU KA MING ALEXANDER		7034	00:37:22	00:05:26	00:01:08	00:20:32	00:01:13	00:09:02
Male RB Open (Age 16-34)	16	HO MAN SUM	何萬森	7026	00:38:09	00:05:08	00:01:16	00:19:16	00:01:36	00:10:51
Male RB Open (Age 16-34)	17	FU WING LIN		7020	00:38:12	00:05:16	00:01:36	00:19:02	00:01:26	00:10:51
Male RB Open (Age 16-34)	18	HO SUNG SING	何崧聖	7025	00:42:10	00:06:30	00:02:23	00:20:52	00:01:45	00:10:39
Male RB Open (Age 16-34)	19	CHUNG WAI SUM	鍾偉深	7029	00:44:24	00:06:08	00:02:47	00:20:40	00:03:00	00:11:48
Male RB Open (Age 16-34)	20	WONG CHUN WING		7022	01:06:20	00:05:56	00:02:12	00:43:33	00:02:33	00:12:04
Male RB Open (Age 16-34)	DNF	FOK KAI WING		7024		00:08:12	00:02:45			
Female RB Open (Age 16-34)	1	TSANG WAI YAN		8053	00:32:50	00:04:47	00:01:08	00:17:34	00:01:07	00:08:13
Female RB Open (Age 16-34)	2	FONG IRENE		8055	00:34:07	00:05:14	00:01:06	00:19:34	00:00:51	00:07:20
Female RB Open (Age 16-34)	3	TSE MAN YI	謝敏兒	8047	00:34:47	00:04:57	00:01:40	00:17:36	00:01:44	00:08:49
Female RB Open (Age 16-34)	4	WONG TIN LAI	黃天麗	8090	00:36:09	00:05:08	00:01:07	00:20:19	00:00:46	00:08:47
Female RB Open (Age 16-34)	5	NG MAN SZE		8048	00:41:35	00:06:36	00:01:13	00:22:19	00:01:04	00:10:21
Female RB Open (Age 16-34)	6	LAM LAI HA	林麗霞	8051	00:45:18	00:05:42	00:02:22	00:25:34	00:01:34	00:10:04
Female RB Open (Age 16-34)	DNF	TSE OI HANG		8052						
Male MB Open (Age 16-34)	1	WONG SHUN HO	汪順豪	8003	00:30:13	00:03:59	00:00:45	00:16:43	00:01:41	00:07:03
Male MB Open (Age 16-34)	2	LEE PUI WANG		8006	00:31:44	00:04:28	00:00:57	00:17:07	00:01:16	00:07:54
Male MB Open (Age 16-34)	3	LAI KIN FUNG		8001	00:32:18	00:04:28	00:01:17	00:17:47	00:01:03	00:07:42
Male MB Open (Age 16-34)	4	TANG HO YIN	鄧浩延	8004	00:32:34	00:04:35	00:01:07	00:17:50	00:00:55	00:08:06
Male MB Open (Age 16-34)	5	CHEUNG PUN CHING SAMMY	張本澄	8013	00:32:40	00:04:36	00:01:08	00:17:52	00:00:51	00:08:10
Male MB Open (Age 16-34)	6	SHUM KA HO		8010	00:33:58	00:04:16	00:01:01	00:19:39	00:01:16	00:07:44
Male MB Open (Age 16-34)	7	TO KWOK HONG	杜國康	8009	00:36:02	00:04:32	00:01:15	00:20:24	00:01:25	00:08:23
Male MB Open (Age 16-34)	8	YUEN CHI MAN		8007	00:37:04	00:04:52	00:01:11	00:20:44	00:01:18	00:08:57
Male MB Open (Age 16-34)	9	LAW KA LUN	羅嘉麟	8005	00:37:08	00:04:49	00:01:00	00:18:57	00:01:10	00:11:10
Male MB Open (Age 16-34)	10	CHEUNG PUN YIN OTIS	張本彥	8012	00:37:11	00:04:34	00:01:07	00:19:12	00:01:13	00:11:04
Male MB Open (Age 16-34)	11	HUANG TSZ LAP		8002	00:38:02	00:04:47	00:01:19	00:21:03	00:01:09	00:09:41
Male MB Open (Age 16-34)	12	LAU PAK KIN		8008	00:39:06	00:05:09	00:01:16	00:20:22	00:01:13	00:11:05
Male MB Open (Age 16-34)	13	TSENG KIN HANG	曾健恆	8094	00:42:49	00:05:35	00:01:19	00:18:50	00:02:11	00:14:53

2016 毅騰陸上兩項鐵人挑戰賽

2016 Titan Duathlon Challenge

(15 May 2016 Sunday)

繽紛組 Fun

Category	Category Pos	Name	Chinese Name	Bib	Official Time	Run 1	T1	Cycle	T2	Run 2
Male MB Open (Age 16-34)	DNF	NIP HERMAN		8011		00:04:30	00:01:22	00:18:53		
Female MB Open (Age 16-34)	1	CHAN YUEN TUNG		8069	00:36:54	00:05:38	00:01:17	00:20:09	00:01:13	00:08:36
Female MB Open (Age 16-34)	2	IP KWOK KAN		8073	00:42:44	00:05:17	00:01:25	00:25:59	00:01:34	00:08:27
Female MB Open (Age 16-34)	3	YEUNG WAI HAN		8074	00:43:10	00:05:46	00:01:39	00:24:23	00:01:27	00:09:53
Female MB Open (Age 16-34)	4	CHAN KIN MAN	陳健敏	8072	00:47:07	00:07:11	00:01:55	00:25:09	00:01:24	00:11:26
Female MB Open (Age 16-34)	5	LEE MAN YAN	李敏欣	8071	00:47:08	00:07:11	00:01:54	00:24:37	00:02:00	00:11:25
Female MB Open (Age 16-34)	6	YEUNG KATHY		8070	00:49:07	00:06:08	00:01:38	00:29:55	00:03:38	00:07:47
Male RB Open (Age 35 or above)	1	LEE CHI MAN		7037	00:28:09	00:04:28	00:01:04	00:15:12	00:00:53	00:06:30
Male RB Open (Age 35 or above)	2	CHOW CHIU KIN		7069	00:29:31	00:04:45	00:01:05	00:14:53	00:01:00	00:07:45
Male RB Open (Age 35 or above)	3	WONG CHUNG HONG	黃仲康	7052	00:30:22	00:04:17	00:01:05	00:15:45	00:01:10	00:08:04
Male RB Open (Age 35 or above)	4	LO ERIC		7036	00:31:12	00:04:32	00:01:02	00:17:08	00:00:50	00:07:39
Male RB Open (Age 35 or above)	5	TANG KOON CHING	鄧冠清	7067	00:31:29	00:05:03	00:01:14	00:16:22	00:01:10	00:07:39
Male RB Open (Age 35 or above)	6	CHIU KIN SANG	丘健生	7051	00:32:02	00:05:02	00:02:14	00:15:56	00:01:41	00:07:06
Male RB Open (Age 35 or above)	7	TSUNG CHUN YIP	曾駿業	7071	00:32:04	00:04:49	00:02:29	00:15:52	00:01:46	00:07:07
Male RB Open (Age 35 or above)	8	LEUNG FUK KIT	梁福傑	7057	00:32:13	00:05:00	00:01:23	00:16:34	00:01:04	00:08:10
Male RB Open (Age 35 or above)	9	CHIH ERIC	支明遠	7077	00:32:33	00:04:54	00:01:02	00:17:12	00:01:33	00:07:50
Male RB Open (Age 35 or above)	10	WONG SZE WAI DAVID		7040	00:32:40	00:04:43	00:01:11	00:17:06	00:01:20	00:08:18
Male RB Open (Age 35 or above)	11	CHIU ANGUS	趙智勳	7070	00:33:19	00:05:00	00:00:56	00:17:24	00:01:25	00:08:32
Male RB Open (Age 35 or above)	12	LAI KONG KIN EDDIE		7044	00:33:26	00:04:55	00:01:33	00:17:29	00:01:15	00:08:13
Male RB Open (Age 35 or above)	13	CHENG ANDY		7035	00:33:30	00:04:48	00:01:26	00:17:51	00:01:10	00:08:13
Male RB Open (Age 35 or above)	14	CHOY KIN PONG	蔡健邦	7063	00:33:49	00:05:19	00:01:12	00:16:07	00:01:07	00:10:01
Male RB Open (Age 35 or above)	15	LAM PUI HUNG	林沛雄	7050	00:34:26	00:04:55	00:01:03	00:17:53	00:01:01	00:09:32
Male RB Open (Age 35 or above)	16	CHOW KA CHUN	周家駿	7062	00:35:58	00:05:39	00:02:23	00:17:23	00:01:48	00:08:42
Male RB Open (Age 35 or above)	17	TANG WAI KI		7054	00:36:01	00:05:16	00:02:04	00:17:00	00:01:49	00:09:50
Male RB Open (Age 35 or above)	18	YIP SHU PONG	葉樹邦	7048	00:36:58	00:04:39	00:01:34	00:18:46	00:01:47	00:10:10
Male RB Open (Age 35 or above)	19	WONG FREDDY	黃嘉輝	7053	00:37:08	00:05:06	00:02:25	00:18:48	00:01:53	00:08:55
Male RB Open (Age 35 or above)	20	RONALD KWAN		7066	00:37:24	00:05:49	00:01:47	00:17:06	00:01:41	00:10:58
Male RB Open (Age 35 or above)	21	LEE SELWYN		7065	00:37:26	00:05:50	00:01:36	00:17:08	00:01:42	00:11:09
Male RB Open (Age 35 or above)	22	MA PO SHEK	馬寶石	7056	00:37:49	00:05:21	00:01:30	00:19:06	00:01:26	00:10:23
Male RB Open (Age 35 or above)	23	TANG TZE WAI	鄧子偉	7073	00:39:18	00:05:16	00:02:01	00:20:07	00:01:22	00:10:30
Male RB Open (Age 35 or above)	24	CHAN JOE		7074	00:39:31	00:05:35	00:02:03	00:17:59	00:02:20	00:11:31
Male RB Open (Age 35 or above)	25	KWOK CHEE KIN	郭志堅	7049	00:39:38	00:04:58	00:02:05	00:18:19	00:02:22	00:11:52
Male RB Open (Age 35 or above)	26	LIN WEI PIN	林偉斌	7043	00:39:46	00:05:14	00:02:18	00:18:36	00:02:17	00:11:19
Male RB Open (Age 35 or above)	27	SIN YIU KEI KENNY	冼耀基	7045	00:40:26	00:05:47	00:01:47	00:19:52	00:01:37	00:11:21
Male RB Open (Age 35 or above)	28	LI YEUNG KWAN	李揚君	7059	00:41:24	00:05:30	00:01:55	00:19:56	00:01:48	00:12:13
Male RB Open (Age 35 or above)	29	MA WING YIN	馬穎賢	7058	00:41:29	00:05:29	00:01:55	00:19:59	00:01:47	00:12:17
Male RB Open (Age 35 or above)	30	LEUNG HO YIN EDWIN	梁浩然	7061	00:41:55	00:07:16	00:02:12	00:19:13	00:03:10	00:10:02
Male RB Open (Age 35 or above)	31	YEUNG CHI LING CLEMENT	楊子凌	7076	00:41:59	00:06:38	00:02:09	00:19:34	00:02:24	00:11:12
Male RB Open (Age 35 or above)	32	KAN KA LEUNG	Kan	7041	00:42:19	00:06:26	00:01:38	00:19:40	00:01:53	00:12:40
Male RB Open (Age 35 or above)	33	FAN KAI KIT	范啟傑	7039	00:43:06	00:04:57	00:01:19	00:25:24	00:01:55	00:09:28
Male RB Open (Age 35 or above)	34	TAM HO PUN	譚浩斌	7038	00:45:05	00:07:18	00:01:51	00:20:07	00:02:13	00:13:35
Male RB Open (Age 35 or above)	35	LAW KWOK HO		7042	00:45:32	00:06:14	00:02:36	00:23:14	00:02:01	00:11:25
Male RB Open (Age 35 or above)	36	FAN MING FAT	范明發	7075	00:45:55	00:06:41	00:02:38	00:23:20	00:01:37	00:11:36
Male RB Open (Age 35 or above)	DQ	VILDALI MARCO		7046	00:29:34	00:28:44	-00:06:18			
Male RB Open (Age 35 or above)	DQ	LAI CHI WING		7064	00:30:08	00:05:36	00:01:51	00:20:19	00:01:49	00:00:32
Male RB Open (Age 35 or above)	DNF	MA PO WAH	馬寶華	7055		00:05:29				
Female RB Open (Age 35 or above)	1	LI SEE MAN MANDY	李思敏	8091	00:33:28	00:05:05	00:01:04	00:18:09	00:00:48	00:08:20
Female RB Open (Age 35 or above)	2	TSANG FEI	曾菲	8062	00:36:05	00:05:47	00:01:20	00:18:49	00:01:38	00:08:30
Female RB Open (Age 35 or above)	3	XU JINRAN	徐金然	8063	00:36:23	00:05:09	00:01:16	00:20:40	00:00:55	00:08:21
Female RB Open (Age 35 or above)	4	Leung Pui Shan		8102	00:36:23	00:05:09	00:01:49	00:19:01	00:01:32	00:08:49
Female RB Open (Age 35 or above)	5	LAU SHUK YI ANGELA		8081	00:37:57	00:04:54	00:01:23	00:21:45	00:01:18	00:08:36
Female RB Open (Age 35 or above)	6	CHAN SIU PO	陳小寶	8067	00:38:14	00:05:13	00:01:34	00:21:24	00:01:08	00:08:53
Female RB Open (Age 35 or above)	7	SO ZOE LAI NA		8059	00:41:39	00:06:04	00:01:32	00:21:38	00:01:10	00:11:14
Female RB Open (Age 35 or above)	8	CHAN CHING WAN	陳靜雲	8065	00:43:03	00:06:16	00:01:19	00:23:04	00:01:07	00:11:16
Female RB Open (Age 35 or above)	9	CHOW LAI YI		8061	00:43:58	00:06:17	00:01:52	00:22:26	00:01:51	00:11:30
Female RB Open (Age 35 or above)	10	WONG MAN KWAN		8064	00:46:48	00:05:48	00:01:24	00:27:36	00:01:24	00:10:34
Female RB Open (Age 35 or above)	11	CHAN SAU KUEN CATHINE	陳秀娟	8066	00:49:23	00:06:49	00:01:39	00:25:12	00:01:44	00:13:57
Female RB Open (Age 35 or above)	12	WONG HOI YAN	王海茵	8057	00:56:32	00:07:34	00:02:12	00:21:59	00:02:15	00:22:30
Female RB Open (Age 35 or above)	DQ	LI YUN PING CHRISTINE	李韻蘋	8093	00:36:49	00:05:57	00:02:20	00:15:42	00:01:17	00:11:32
Male MB Open (Age 35 or above)	1	YUEN YAT HUNG	袁溢鴻	8029	00:29:44	00:03:49	00:00:57	00:17:55	00:00:57	00:06:05
Male MB Open (Age 35 or above)	2	CHEUNG KWONG MING		8027	00:29:53	00:04:06	00:01:02	00:17:16	00:00:53	00:06:34
Male MB Open (Age 35 or above)	3	LP MAN KEI	葉文基	8030	00:30:02	00:04:00	00:00:57	00:17:32	00:00:58	00:06:33
Male MB Open (Age 35 or above)	4	ESPESKOG GEIR		8096	00:30:42	00:04:16	00:00:56	00:17:17	00:00:53	00:07:19

2016 毅騰陸上兩項鐵人挑戰賽

2016 Titan Duathlon Challenge

(15 May 2016 Sunday)

繽紛組 Fun

Category	Category Pos	Name	Chinese Name	Bib	Official Time	Run 1	T1	Cycle	T2	Run 2
Male MB Open (Age 35 or above)	5	CHAN YIN CHUN		8034	00:31:16	00:04:13	00:01:07	00:17:08	00:01:07	00:07:40
Male MB Open (Age 35 or above)	6	KWOK YIU HANG		8017	00:31:33	00:04:28	00:01:15	00:17:04	00:01:06	00:07:39
Male MB Open (Age 35 or above)	7	IP WAI KIT		8032	00:31:58	00:04:16	00:01:00	00:18:48	00:00:54	00:06:59
Male MB Open (Age 35 or above)	8	KAN KWOK CHEUNG	簡國祥	8037	00:32:13	00:04:41	00:01:00	00:17:43	00:00:58	00:07:50
Male MB Open (Age 35 or above)	9	CHOY KIN HAY	蔡健禧	8015	00:33:00	00:04:37	00:00:57	00:16:55	00:01:03	00:09:26
Male MB Open (Age 35 or above)	10	YIM YAN KIT	嚴仁傑	8036	00:33:17	00:04:47	00:00:59	00:19:07	00:00:57	00:07:24
Male MB Open (Age 35 or above)	11	SO WAH SHING		8014	00:33:36	00:05:01	00:00:57	00:17:40	00:01:06	00:08:50
Male MB Open (Age 35 or above)	12	IP WING KWONG	葉榮光	8031	00:34:00	00:04:57	00:01:34	00:18:45	00:01:00	00:07:42
Male MB Open (Age 35 or above)	13	VILDALI MARCO		8095	00:34:51	00:04:24	00:00:56	00:17:25	00:01:13	00:10:51
Male MB Open (Age 35 or above)	14	KOO KIN IP	古健業	8021	00:35:06	00:04:50	00:01:15	00:18:28	00:01:22	00:09:09
Male MB Open (Age 35 or above)	15	CHEUNG HEI MAN	張希文	8041	00:35:45	00:04:07	00:01:16	00:22:33	00:01:12	00:06:35
Male MB Open (Age 35 or above)	16	LEUNG WAI HONG	梁偉康	8035	00:35:47	00:04:37	00:01:09	00:19:01	00:01:21	00:09:37
Male MB Open (Age 35 or above)	17	YU LOK MING	余櫟明	8025	00:36:02	00:04:56	00:00:58	00:20:52	00:01:18	00:07:57
Male MB Open (Age 35 or above)	18	NG MING TO	吳銘滔	8101	00:36:06	00:05:21	00:01:07	00:19:23	00:01:02	00:09:11
Male MB Open (Age 35 or above)	19	LOK SHUM KWAN	沈君樂	8040	00:36:29	00:05:07	00:01:06	00:20:17	00:01:14	00:08:44
Male MB Open (Age 35 or above)	20	FUNG KWAI KWONG	馮桂光	8024	00:37:51	00:04:55	00:01:02	00:18:40	00:01:19	00:11:53
Male MB Open (Age 35 or above)	21	POON SIU CHEUNG KEN	潘兆祥	8100	00:37:51	00:04:45	00:01:10	00:23:08	00:01:05	00:07:40
Male MB Open (Age 35 or above)	22	CHEUNG CHI YUEN	張志遠	8042	00:38:31	00:06:19	00:01:16	00:20:59	00:01:07	00:08:48
Male MB Open (Age 35 or above)	23	CHEUNG EDWIN	張勤興	8099	00:39:39	00:05:28	00:01:53	00:21:41	00:01:28	00:09:07
Male MB Open (Age 35 or above)	24	AU YEUNG YUE HONG	歐陽裕康	8023	00:39:55	00:05:11	00:01:03	00:24:33	00:01:10	00:07:56
Male MB Open (Age 35 or above)	25	LEUNG KAM HUNG	梁錦洪	8022	00:40:11	00:05:46	00:01:24	00:19:53	00:01:24	00:11:43
Male MB Open (Age 35 or above)	26	LEUNG JUSTIN		8098	00:40:20	00:05:27	00:01:43	00:22:19	00:01:34	00:09:14
Male MB Open (Age 35 or above)	27	YUEN KWOK WA	袁國華	8097	00:40:24	00:05:51	00:01:12	00:20:40	00:01:02	00:11:36
Male MB Open (Age 35 or above)	28	CHOW TAT YAN		8033	00:43:06	00:05:56	00:01:19	00:22:25	00:01:46	00:11:38
Male MB Open (Age 35 or above)	29	LAU WAI KIT LOUIS	劉偉傑	8038	00:45:11	00:06:06	00:01:57	00:23:03	00:01:20	00:12:43
Male MB Open (Age 35 or above)	30	CHUN HIN CHAN	布歐	8018	00:46:21	00:07:53	00:01:41	00:21:24	00:01:35	00:13:45
Male MB Open (Age 35 or above)	31	CHIU TZU SHENG	丘梓生	8028	00:48:32	00:06:57	00:01:45	00:26:00	00:01:43	00:12:05
Male MB Open (Age 35 or above)	DNF	LEUNG TSZ WING		8026		00:04:15				
Female MB Open (Age 35 or above)	1	CHEUNG MEI FUN	張美芬	8087	00:36:12	00:05:08	00:01:17	00:20:48	00:01:02	00:07:55
Female MB Open (Age 35 or above)	2	LAU SAU KUEN	劉秀娟	8077	00:36:35	00:05:27	00:01:33	00:19:38	00:01:10	00:08:44
Female MB Open (Age 35 or above)	3	CHEUNG WAI TING	張慧婷	8085	00:40:20	00:05:49	00:01:24	00:22:17	00:01:30	00:09:18
Female MB Open (Age 35 or above)	4	LEUNG SIU SUM	梁少心	8084	00:43:50	00:06:36	00:01:42	00:23:30	00:01:15	00:10:45
Female MB Open (Age 35 or above)	5	KWOK WAI KUEN RUBY	郭惠娟	8076	00:44:57	00:06:08	00:01:39	00:23:23	00:01:16	00:12:28
Female MB Open (Age 35 or above)	6	SUEN SHIRLEY	孫紅霞	8086	00:46:43	00:06:12	00:01:33	00:27:05	00:01:23	00:10:27
Female MB Open (Age 35 or above)	7	CHAN PUI WAH ALICE		8080	00:47:06	00:05:49	00:01:44	00:30:07	00:01:05	00:08:19
Female MB Open (Age 35 or above)	8	CHAN SAU MAN	陳秀雯	8078	00:50:05	00:06:01	00:02:03	00:29:28	00:01:44	00:10:48
Female MB Open (Age 35 or above)	9	WONG YVONNE		8082	00:56:45	00:07:36	00:02:12	00:30:24	00:02:08	00:14:23
Female MB Open (Age 35 or above)	DQ	TUNG HEI MAN		8083	00:40:55	00:05:46	00:01:40	00:31:26		
Female MB Open (Age 35 or above)	DQ	WAN YUEN MUI	尹婉梅	8075	00:43:54	00:07:33	00:02:29	00:31:43		
Female MB Open (Age 35 or above)	DNF	LAU HOI YIN	劉海燕	8088		00:04:53	00:01:58	00:20:47		